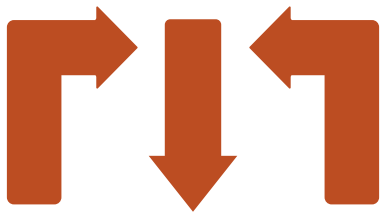


A photograph of three hikers from behind, walking on a dirt trail through a wooded area. The hiker on the left is a woman with a red backpack, the middle is a man with a black backpack, and the right is a man with a plaid backpack. The trail is surrounded by green trees and dry grass.

# HOW TO



# MINETTTRAIL



# MINETT**TRAIL**

**Mi|nett** [minɛt], de; <lux.> ; *region in the south of Luxembourg, influenced heavily by the iron ore and steel industry. [Mainly] during the 20th century, the “Minette” ore extracted here got processed into steel; this industrial past is still showing its effects on nature and society to this day.*

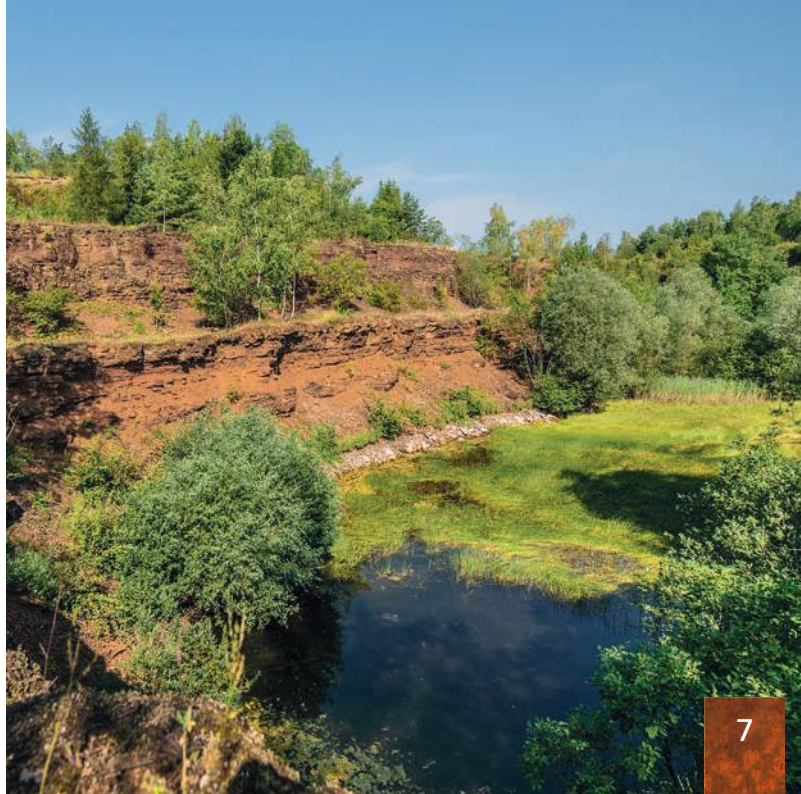
# CONTENTS

ABOUT THE REGION	6
PLANNING	12
PROPER GEAR	16
RESPECT & TOLERANCE	20
KABAISERCHER	24
MAN'S BEST FRIEND	28
CONTACT	34

## “The Minett is ugly!” ...

The Minett region has no proper nature; everything's grey, dull and nasty. There's heavy industry and factories everywhere, and smoke and steam fill the air. Plus, everyone living there is very unfriendly. It's a noisy, ugly place and nobody would ever want to go there!

These are just some of the prejudices surrounding the Minett region. Of course, our Visit Minett team sees this a bit differently. So, if you're brave enough to try this new adventure, we're happy to help you see the wild, natural and beautiful Minett Trail and show you, what makes the Minett so special.





## ... or is it?

Take its nature for instance; where once there was naught but heavy machinery, sweaty work and tireless digging for the precious iron ore, there are now vast expanses of lush, green habitats on the gleaming red cliffsides.

The former industry spots meanwhile are developing and changing into new and exciting urban areas, and a diverse society is there to receive its guests with open arms. And if the large offer of cultural events like concerts or theatre visits tires you out, you can always return to nature and find a quiet spot to relax.



The United Nations Educational, Scientific and Cultural Organization [UNESCO] shares our view; that's why the Minett region has been accepted into the auspicious global “Man and the Biosphere” program in October of 2020.



MUB fait partie du réseau international  
de l'UNESCO



Organisation  
des Nations Unies  
pour l'éducation,  
la science et la culture

# PLANNING



Anticipation to something new is a joy in and of itself. But watch out: Before you can start on your hiking trip along the Minett Trail, you should plan your different stages ahead of time. Where do you start? Where do you go to? How many ascents do you have to brave in-between? Do you spend some time in an accommodation, or plan on using public transport? And how far can you realistically hike in one day?

The Minett Trail offers you the choice of many different starting points all along its route. This means you have all the freedom to define your path, with start and destination all up to you! But keep in mind: It's not the ascent to Everest, however there will still be some changes in altitude along the way, so better check beforehand. And if you need your beauty sleep – can't ever get enough of it, after all – you are sure to find your favourite spot to stay with the "Kabaisercher" on page 24 of this guide.





# PROPER GEAR



What gear do courageous hikers need? Let's start with the basics: Shoes. Results from our rather unsuccessful long-term study entitled "Hiking in flip-flops" suggest that solid hiking boots are worth investing in. Ideally ones that you've already broken in – otherwise there'll be plenty of opportunities to do so over the coming 90 kilometres.

Furthermore, our study- and focus group participants recommend: Bring some blister pads. You also shouldn't go without any headgear, sun protection, breathable clothing, drinking water and enough food for the trip. A rain cagoule for some of the wetter days could also be of service.

Please remember to bring some garbage bags as well if you plan on having a picnic along the way. After all, you're free to leave footprints, but not your trash.



# RESPECT & TOLERANCE



Respect and tolerance are important pillars of the Luxembourgish culture and the Minett region. With this in mind, the Minett Trail is focusing on respecting nature: Please don't start a fire [camp or otherwise] or listen to loud and noisy music. Instead, try to enjoy the beautiful birdsong, some of which is produced by endangered species that really dislike any disturbances. Also: Our region is beautiful, yes – but please keep to the designated trails, in order to protect the habitats, breeding grounds and biotopes you're hiking across. Plus, we're happy to hear you really love the design of our trail sign, but please leave them attached to the trees.

Since everyone wants to enjoy the beautiful nature of the Minett region equally, you might encounter many a people along your way. Some could be mountain bikers, but it's also possible that you could meet the owners of the land you're currently traversing, or a farmer who's about to till his field. Then there's the people in charge of keeping the trail and its signage up to code. But no matter who crosses your path: keep a respectful demeanour in mind, because the Minett Trail and its beautiful landscapes belong to all of us.



# KABAISERCHER



x11

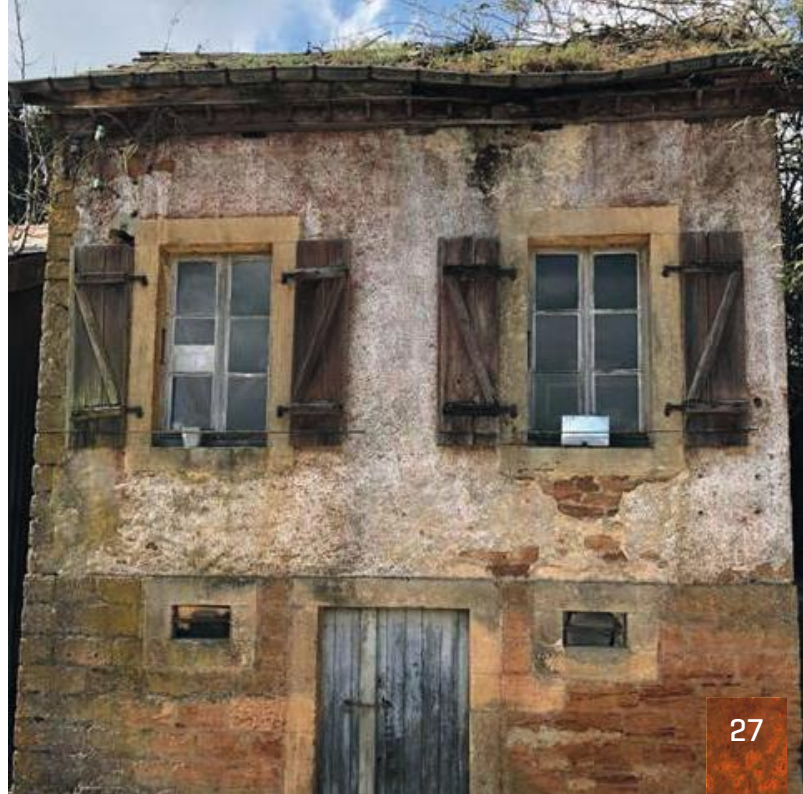
A multiday hike on such a beautiful path as the Minett Trail needs some good opportunities to rest and relax along the way. It's hard to hike on empty batteries, and it'd be a shame if you missed the pretty landscape because you're too tired to notice. That's why the Minett Trail offers an exciting network of hiking lodges, the "Kabaisercher", where you can relax and kick the feet up after a long, arduous and successful day of hiking.

These lodges offer extraordinary accommodation in unusual locations along the trail; all of them are set up in former disused buildings that have been renovated for this exact purpose. More information about the Kabaisercher can be found at [www.minetttrail.lu](http://www.minetttrail.lu).



If the Kabaisercher would happen to be fully booked, the Minett region can also host you in one of its many beautiful hotels or youth hostels.

Don't worry, there's still some renovations coming up!



# MAN'S BEST FRIEND



Going for a 90-kilometre walk? A dream scenario for any dog, surely. For your four-legged friend a visit to the Minett Trail might be a dream come true. But there's some rules for them, too: All dogs must be kept on a leash to protect the habitats and breeding grounds. Please remember to bring enough food and water for your dog as well, and don't forget about the waste bags – which should be disposed of like any other litter.

A complete No-Go: Letting your dog off the leash in the nature reserves! The latter play host to several species of ground-breeding birds, whose breeding grounds could be disturbed by a dog. Most birds won't ever return to their home after getting such a fright, and their offspring could be lost.

In addition, the grasslands of our nature reserves are kept in check by flocks of sheep, and these fluffy mowing-machines aren't particularly fond of roaming dogs either.



# GRAB YOUR SHOES, GET READY ... GO!



Final checklist: Revisit all of the tips on the past pages. Thought of everything? Perfect, then your adventure on the Minett Trail can finally begin! We wish you a beautiful trip and hope you don't forget your camera, so you can share the best moments with us!!!

Your Visit Minett Team  
#visitminett #minetttrail

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# EMERGENCIES

# 112

## Photos

PULSA PICTURES - ORTSUD | S. 1, 7, 9, 11, 15, 16, 19, 23, 28, 31, 32  
ORTSUD | S. 20, 27



# “GARE LA MINE!”

[www.minetttrail.lu](http://www.minetttrail.lu)



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de l'UNESCO

